



Sri Lakshminarayana Institute of Medical Sciences, Puducherry - 605 502

Foundation course schedule for I MBBS 2021-22 batch (Phase I) as per revised curriculum by MCI

Foundation Course for Phase I students (2021-22 batch) SLIMS, Pondicherry			
S. No.	Subject/Topic	Total Hours	
		at SLIMS	As per NMC
1	ORIENTATION	30	30
2	SKILLS MODULE	35	35
3	COMMUNITY HEALTH CENTER VISIT	8	8
4	PROFESSIONAL DEVELOPMENT AND ETHICS MODULE	40	40
5	SPORTS & EXTRACURRICULAR ACTIVITIES	22	22
6	COMPUTER SKILLS & LANGUAGE	40	40
	TOTAL	175	175

Day	8.00-9.00am	9.00 -10.00am	10.00-12.00noon	12-01pm	01-02pm	02-04pm
Day 1	Inaugural Program (Pooja)	FC 1.5 Welcome address, Vision & Mission of SLIMS & BIHER: by DEAN Dr. G Jayalakshmy	FC 1.5 Introduction to Departmental Heads & Pre-clinical Faculties: by Vice Principal Dr. Pammy Sinha		FC1.5 SLIMS Campus - Medical, Library, Research labs, Sports and Other facilities for students: by Medical Supdt.	FC 1.5 Tour to departments of phase1, (5 batches 30 of each)
Day2		FC 1.1 The role of doctors in the society and their impact	FC 1.2 Roles of an Indian Medical Graduate and the societal impact	FC 1.3 Expectations of the students from the Nation, society, Institution, peers, colleagues and patients	Lunch Break	FC 1.4 - Rules and regulations of SLIMS, hostel rules, anti-ragging measures, introduction to administrative structure and nonteaching staff

Day	8.00-9.00am	9.00 -10.00am	10.00-12.00noon	12-01pm	01-02pm	02-04pm
Day3	FC 1.6 Various career pathways and opportunities for personal growth	FC 1.7 Overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways	FC 1.8 Role of physician at various levels of Health care delivery		FC 1.4 - Introduction to various committees, Mentors' names & Batches of students allocated to each mentor	FC 1.5 Tour to departments of phase 3 (5 batches 30 of each)
Day4	FC 1.9 Principles of family practice	FC 1.10 History of Medicine	FC 1.10 Alternate systems of Medicine		Sports & Extra curricular activities Enrollment for language and computer class.	
Day 5	FC 2.3 Bio-safety and universal precautions	FC 2.1 Basic Life Support -- Lecture - Dr. Vincent	FC 2.1 Basic Life Support (Skills lab)	Lunch Break	FC 2.5 Hand washing and use of personal protective equipment	FC 5.2, FC 5.3 English / RegionalLanguage
Day 6	FC 2.8 Immunization requirements of Health care professionals	FC 2.2 First Aid - Lecture - Dr. Vincent	FC 2.2 First Aid in a simulated environment (Skills lab)		FC 2.6 Appropriate response to needle stick injuries	FC 5.2, FC 5.3 English / RegionalLanguage
SUNDAY						
Day 7	FC 2.9 Documentation in patient care and the proper method of documentation	FC 2.4 Handling and safe disposal of Biohazardous materials - Dr. Abarna	FC 2.4 Handling and safe disposal of Biohazardous materials in a simulated environment (Skills lab)		FC 2.7 Biomedical Waste segregation (BMW), management of BMW in accordance with National Regulations	FC 5.4 Computer skills
Day 8	FC 3.1 National Health Goals and Policies	FC 3.2 National health scenario, demographic, socio-cultural and epidemiological issues	FC 3.5 Structure and functioning of the community health center		Extracurricular activities	

Day	8.00-9.00am	9.00 -10.00am	10.00-12.00noon	12-01pm	01-02pm	02-04pm
Day 9	FC 3.3 Health care systems in India with reference to primary, secondary and tertiary level care	FC 3.4 Basic principles of community health and its impact on health and disease	FC 3.6 Obtain patient experiences through patient and family interactions OPD Visit		FC. 1.6 - Academic ambience	FC 5.4 Computer skills
Day 10	FC 3.6 Obtain patient experiences through patient and family interactions and relate these				Sports & Extra curricular activities	
Day 11	FC 4.1 Professionalism and ethics among health care professionals	FC 4.1 Consequences of unprofessional and unethical behavior	FC 4.2 Nature of the physician's work and the core values - Compassion, altruism, integrity, duty, responsibility and trust	Lunch Break	FC 5.2, FC 5.3 English Language	FC 5.2, FC 5.3 RegionalLanguage
Day 12	FC 4.5 Disability competencies	FC 4.4 Working in a health care team	FC 4.3 Interaction with peers, seniors, faculty, other health care workers and patients		FC 5.2, FC 5.3 English Language	FC 5.2, FC 5.3 RegionalLanguage
SUNDAY						
Day 13	FC 4.7 Significance and methods of stress management and risk taking behavior.	FC 4.10 Importance of interpersonal relationship while working in a health care team	FC 4.6 Cultural diversities and interact with those with different cultural values		Sports & Extra curricular activities	
Day 14	FC 4.8- Healthy lifestyle	FC 4.8 Importance of nutrition	FC 4.8 Yoga and meditation in personal health		FC 4.15 Understand collaborative learning	FC 5.4 Computer skills

Day	8.00-9.00am	9.00 -10.00am	10.00-12.00noon	12-01pm	01-02pm	02-04pm
Day 15	FC 4.9 Significance and appropriate ways of Time management	FC 4.11 Mentoring	FC 4.13 Learning pedagogy and its role in learning skills	Lunch Break	FC 4.13 lifelong learning - an important part of physician growth	FC 5.4 Computer skills
Day 16	FC 4.12 Group learning and group dynamics	FC 4.14 Self-directed learning	FC 4.13,4.14, 4.15 Learning skill development (interactive session)		Sports & Extra curricular activities	
Day17	FC 5.1 Communication with patient and families	FC 5.1 Barriers to communication and ways to respond	FC 5.1, 5.2 Doctor-patient interaction (group activity)		FC 5.2, FC 5.3 English Language	FC 5.2, FC 5.3 Regional Language
Day18	FC 3.6 Obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases.				FC 5.2, FC 5.3 English Language	FC 5.2, FC 5.3 Regional Language
SUNDAY						
Day19	FC 2.8 Infection control programmes	FC 2.8 Immunisation program	F.1 History of Outbreaks, Epidemics & Pandemics I	Lunch Break	FC 5.4 Computer skills	Sports
Day20	FC 5.5 Introduction and usage of E WORLD /advantage and disadvantage	FC 5.5 Use of library facility	FC 5.5 Use of IT facility		FC 5.4 Computer skills	Sports
Day21	FC 5.5 Accessing online resources for Learning	FC 5.5 Use of mobiles. Pros and cons	FC 5.5 Cyber security		Skit, Poetry, Sketches & Extra curricular activities	
Day22	Music guided meditation	Immunisation program for students	Immunisation program for students		FC 5.2, FC 5.3 English Language	FC 5.2, FC 5.3 Regional Language
Day23	FC 1.9 Blood donation & Organdonation	FC 1.9 Body donation	F.1 History of Outbreaks, Epidemics & Pandemics II		FC 5.4 Computer skills	Sports
Day24	Cadaver as first teacher	FC 5.1, 5.2			Cultural Program by students	
SUNDAY						
Day25	Whitecoat ceremony & FRESHERS party will be organized by First year departments of batch 2021-				Sports & Extra curricular activities	